

# Napa-Solano Psychological Association (NSPA)

P.O. Box 3743  
Napa, CA 94558

[www.napapsychologist.org](http://www.napapsychologist.org)

*February 2010  
Volume 1, Issue 1*



## Executive Committee 2010

President: Robin Timm, PhD

President Elect: Nancy Piotrowski, PhD

Treasurer: Debra Inman, PhD

Past President: Leslie Lessenger, PhD

CPA Rep: Markley Sutton, PhD

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Web Master: Rob Wennerberg, M.A.

Disaster Response: Linda  
Napholz, PhD

## Calendar

### Wednesday, February 17

Business meeting — all members are welcome  
6PM—pre-dinner networking 6:30PM —dinner  
La Gaia, 3600 Broadway  
(Highway 29) in American Canyon

### Wednesday March 17

Dr. Nancy Piotrowski  
Substance Abuse

### Wednesday, May 19

Dr. Richard Delmonico  
Mild TBI

**Join the NSPA  
Listserve  
See page 4**

**Update your  
web site listing  
See page 5**

## March Dinner Meeting

# *Dr. Nancy Piotrowski* *Substance Abuse*

Date: Wed, March 17

Time: 6:30—8:30 PM

6 PM No host bar

Location: TBA

Optional: 2 CE Units

Cost: Members: \$10

Non-members: \$20

Dinner: TBA

For more information, contact Dr. Robin  
Timm

[robintimm@att.net](mailto:robintimm@att.net)

Important Notice: Those who attend the workshop and complete the CPA evaluation form will receive 6 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents. This course also meets the qualifications for 6 hours of continuing education credits for MFTs and LCSWs as required by the California Board of Behavioral Sciences. The Board of Registered Nurses recognizes courses given by CPA as hour for hour Category A CE.

## NSPA Members:

I hope the holiday season treated you well, and you all are embracing your New Year's resolutions. This coming year the Napa-Solano Psychological Association's resolutions will include new committees, new locations for board meetings and CE events, and new procedures. Since change can be stressful, I will keep members informed and involved in the process as we move forward.



Our first Planning and Networking Meeting in January 2010 was held at La Strada; the attendance by numerous members was greatly appreciated. The discussions were engaging and led to many ideas for the direction that NSPA will take.

For our next meeting, an evening/dinner event, on February 17, 2010, we will meet at La Gaia in American Canyon (6:30 PM). We will be discussing the 2010 budget, developing a bylaws committee, and reviewing and voting on proposals. I encourage members to attend, share their thoughts and ideas, and consider joining committees.

Robin Timm, Ph.D., President  
Napa-Solano Psychological Association

## ***News of NSPA Members***

APA, division 36, the psychology of religion, is having its annual conference on religion and spirituality at Loyola University, Maryland, March 26 and 27. **Dr Rahima Susan Schmall**, a **NSPA member**, along with her colleague Cheryl Rittenbaugh, Ph.D. (medical anthropology) have been invited to present a full day preconference workshop on March 25, 2010. The title of the workshop is "Path of the Heart: Integrating the Wisdom of Classical Sufism into Modern Psychology." For more information, contact the APA, division 36.

Dr. Schmall, along with her colleague, John Laird, M.D., has also been invited to do a two weekend workshop in Minneapolis at the Penny George Institute for Health and Healing. The Penny George Institute is the largest hospital based integrative health facility in the country. The workshops, which will provide continuing education credit to physicians, psychologists, nurses, acupuncturists and other health care providers, will be offered the weekends of May 22-23, 2010 and July 10-11, 2010. The tentative title for the workshops will be: "Opening the Heart of Healthcare: Establishing Love, Healing and Spiritual Renewal in the Clinical Setting." For more information, contact Rahima Schmall, Ph.D.



CAP Convention  
registration is open at  
<http://www.cpapsych.org/>

Hilton Orange County/Costa Mesa  
April 15-18, 2010

# Nearby Events

## An Introduction the MMPI-2-RF Workshop

Co-sponsored by Pearson Assessments

Saturday, February 13, 2010

8:30 a.m.–4:30 p.m.

6 CEUs

## Law and Ethics in Psychotherapy: 21st Century Challenges

Co-sponsored by Therapists for Social Responsibility

Saturday, February 13, 2010

10:00 a.m.–5:00 p.m.

6 CEUs

Find more information at: <http://www.sacramentovalleypsychologist.com/Events>

## NSPA members open new practices!



**Fran Rodenburg, PhD:** 12180 Jefferson Street, Suite 214. 707-225-5773. Psy13031

I specialize in treating children, adolescents, and families. I also treat adults with mood and/or anxiety disorders, personality disorders, and victims of abuse. I am a graduate of Fuller Graduate School of psychology, and have 20 years of experience. I use an Object Relations, psychodynamic and family systems approach to my work.

**Joshua Slater, Psy.D:** Downtown Napa, (707) 812-1259, PSY22496.

I work from a psychoanalytic perspective informed by more recent, symptom focused approaches, with extensive experience with a range of clinical presentations, including work with individuals operating at the borderline to psychotic levels of functioning. I am a graduate of Harvard University and the Graduate School of Applied and Professional Psychology at Rutgers University. Past training opportunities have included study and supervision with Nancy McWilliams, Ph.D., Stanley Messer, Ph.D., and Jill Hooley, Ph.D. I serve adults in individual psychotherapy with a focus on personality change and development of intrapsychic and interpersonal awareness, and welcome referrals and opportunities for clinical consultation.

APA is a supporting partner to [Give an Hour™](http://www.giveanhour.org), a national nonprofit organization providing free counseling and other mental health services to members of the military, veterans of Iraq and Afghanistan, their families, and their communities. In response to the tragedy in Haiti, Give an Hour™ will also be offering free mental health services to all volunteers serving in Haiti, including civilians, military personnel and loved ones of those who volunteer.

If you are willing to volunteer one hour a week (for a minimum of one year) to help our military men and women and their families heal from wartime service or to help our fellow citizens who are providing humanitarian relief in Haiti, please join the [Give an Hour](http://www.giveanhour.org) network.

<http://www.giveanhour.org/skins/gah/home.aspx>

# Welcome to the NSPA listserve

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## Subscribing to the Listserv:

1. Go to the website [http://napapsychologists.org/mailman/listinfo/members\\_napapsychologists.org](http://napapsychologists.org/mailman/listinfo/members_napapsychologists.org)
2. Fill in the "Subscribing to Members" section.
3. Don't forget to hit "Subscribe" when you're finished.
4. Once this is complete you have to be patient and wait. You will receive an e-mail within 24hrs from [members-request@napapsychologists.org](mailto:members-request@napapsychologists.org) with a huge long title like... "confirm 8c0c8d7242a258fd90e8a8e0197315206c4825d0"
7. All you need to do when you get the e-mail is reply to it. The system will verify that you were not erroneously added to the list and voila! You're done.
8. If you have any trouble please do e-mail Rob Wennerberg at [rob.wennerberg@napapsychologists.org](mailto:rob.wennerberg@napapsychologists.org)

## Sending an e-mail to the list:

1. To send an e-mail to the list. You just have to send an e-mail to [members@napapsychologists.org](mailto:members@napapsychologists.org) the e-mail will then be sent to anyone who has subscribed.
2. All e-mails will be sent with "NSPA List (Title of e-mail)" so that if people wish to sort their e-mail into files, the e-mails from this group will always have that.
3. To respond to a post it is important to remember "reply all" will send the e-mail to the entire list "reply" will send it to just the individual that posted the comment. So be careful with this and please use back channels whenever it's not pertinent to the entire group.

*Use this form to renew your membership, or to update your profile on the NSPA website.*

**NAPA-SOLANO PSYCHOLOGICAL ASSOCIATION MEMBERSHIP APPLICATION  
2010**

**Please note, most business communication, surveys, information sharing, and the Newsletter will be done through e-mail or through the website: [www.napapsychologists.org](http://www.napapsychologists.org)**

Please indicate information you want listed on our website by checking the box to the left of the category.

- ☐ Name: \_\_\_\_\_
- ☐ License \_\_\_\_\_ Are you a member of CPA? ☐ Y ☐ N
- ☐ Mailing Address: \_\_\_\_\_  
\_\_\_\_\_
- ☐ E-mail address: \_\_\_\_\_@\_\_\_\_\_
- ☐ Phone Number:(\_\_\_\_\_) \_\_\_\_\_

Group Therapy	GT
Hospital Practice	H
Hypnosis HP	HP
Illness-Chronic	I
Marital/Couples Therapy	MT
Neuropsychology	NP
Organizational Psychology	O
Pain Rehabilitation	PR
Parenting Issues	PI
Play Therapy	PT
Psychodynamic Therapy	P
Police Psychology	PP
Psychodynamic Therapy	P
School Psychology	SP
Sex Therapy	ST
Spanish Language	S
Stress Disorder	SD
Victims of Abuse	VA
Women's Issues	WI

Adolescents	A
Addictions	AD
Anxiety-Panic Disorders	AP
Behavioral Medicine	BM
Behavioral Therapy	BT
Borderline Personality	BP
Children	CH
Cognitive-Behavioral Therapy	CB
Consulting – Business	C
Consulting-Business-Family	CBF
Depression/Affective Disorders	D
Disability Evaluations	DE
Drug-Alcohol Dependency	DA
Employee Assistance Programs	EAP
Family Therapy	FT
Forensic Psychology	F
Gay-Lesbian Issues	GL
Geriatrics	G
Gestalt Therapy	GE

Please note specialty codes to be included in “Find A Psychologist” listing on NSPA website (you may list more than one): \_\_\_\_\_

**Annual dues = \$ 55.00    Associate dues = \$45.00    Student = \$20.00**

Please complete and return this form and send it with your check to NSPA and send it to:

***NSPA Treasurer    PO Box 3743    Napa, CA 94558***