

# Napa-Solano Psychological Association (NSPA)

P.O. Box 3743  
Napa, CA 94558

March 2010  
Volume 1, Issue 2

[www.napapsychologist.org](http://www.napapsychologist.org)



## Executive Committee 2010

President: Robin Timm, PhD  
President Elect: Nancy Piotrowski, PhD  
Treasurer: Debra Inman, PhD  
Past President: Leslie Lessenger, PhD  
CPA Rep: Markley Sutton, PhD  
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Web Master: Rob Wennerberg, M.A.  
Disaster Response: Linda Napholz, PhD  
Membership Chair: Richard Geisler, PhD



## Dr. Nancy Piotrowski *What Every Clinician Should Know about Alcohol*

Date: Wednesday, March 17  
Time 6:00 PM Social & Networking  
6:30—8:30 PM Dinner & Presentation  
Location: La Gaia, 3600 Broadway  
(Highway 29)  
in American Canyon

Optional: 2 CE Units      Dinner: No host from the menu  
Cost: Members: \$10  
Non-members: \$20

Please RVSP: Dr. Robin Timm  
[robintimm@att.net](mailto:robintimm@att.net)

Important Notice: Those who attend the workshop and complete the CPA evaluation form will receive 2 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents. This course also meets the qualifications for 2 hours of continuing education credits for MFTs and LCSWs as required by the California Board of Behavioral Sciences.

## Calendar

Wednesday  
March 17

Dr. Nancy Piotrowski  
Substance Abuse

April TBA  
Board meeting  
Open to all members

Wednesday, May 19

Dr. Richard Delmonico  
Mild TBI  
Locations To Be Announced

Join the  
**NSPA listserve**  
order to receive up-  
to-date  
information,  
networking and  
referral  
opportunities and  
connect with your  
colleagues!

## President's Message:



NSPA had our second board/members evening meeting at the Gaia Spa on Highway-29 on February 17<sup>th</sup>. Thank you to all who attended, tried a new venue/menu, and contributed interesting and sometimes passionate dinner conversation. From all reports, the food and service were excellent and the rooms suitable for professional presentations. Dr. Piotrowski, my co-chair of the CE Committee, was instrumental in making the arrangements for this lovely and peaceful setting, and we are deeply grateful.

On Wednesday, March 17<sup>th</sup>, we will be having our first CE event of the year, with Dr. Piotrowski presenting on “*What Clinicians Should Know About Alcohol.*” Try to find the time to attend this event since it should be both enlightening and fun.

Recent board decisions occurring on 2/17/10 include the following: (1) Gifting the Napa Valley College Foundation \$1,000 towards a scholarship for a student/or students majoring in the mental health field (The news of our recent scholarship donation to the Napa Valley College received well-deserved attention in the Napa Register on 2/25/10); (2) The Membership Committee, chaired by Dr. Richard Geisler, was granted \$250 to use in generating membership numbers; and (3) Funds totaling \$600/year will be used as a stipend for NSPA's web master.

On March 21-23, 2010, CPA will be holding their annual Leadership and Advocacy Training in Sacramento. In addition to my attendance, Rob Wennerberg, M.A. will also be attending in place of Dr. Markley Sutton.

Other new and interesting ventures for our organization include the development of a Bylaws Committee with Dr. Lessenger, Dr. Inman, Dr. Piotrowski, and myself. We also have a new Budgetary Committee that includes Dr. Inman, Dr. Lessenger, and myself. We welcome other members who have the time and interest to join any of the existing committees.

Robin Timm, Ph.D.  
President

**Please join us for dinner at Gaia in American Canyon on March 17 to learn**

*What Every Clinician Should Know About Alcohol!*

*(see details on front page)*

In the average clinical practice run by a generalist psychologist, substance use disorders are most likely to present as a co-occurring disorder. Nicotine and alcohol are the two substances accounting for more public health dollars spent on substance-related problems. But in terms of clinical importance, alcohol emerges as an important frontrunner for clinical consideration because of its potential to interact with other clinical conditions and relevant medications.

As such, understanding how alcohol-related disorders may present in clinical practice is important, as is being able to ask about alcohol use if it should present as a concern. In this regard, it is also important for clinicians to have the capability to explain alcohol-related conditions and related behaviors to clients in an effective manner. Further, clinicians must be prepared to assess clients use, advise on how to best deal with any problems that may be evident, and then also how to direct clients to fruitful resources and follow up as necessary to provide effective treatment.

This presentation focuses on providing clinicians with a picture of how alcohol problems may present in general clinical practice and how to be prepared to deal with it effectively in the ways previously noted. Lecture, discussion of case material, and handouts will be used in this effort.

- Dr. Nancy Piotrowski

# ***NSPA members open new practices!***



***Address correction from last issue: Fran Rodenburg, PhD: 2180 Jefferson Street, Suite 214. 707-225-5773. Psy13031***

***Dr. Robin Timm, Clinical Neuropsychologist***, has opened a part-time private practice in Napa. Her practice focus is on pediatric (ages 6-17) and adult (18 and up) neuropsychological assessments and presurgical (spinal, spinal cord stimulator implants, bariatric) evaluations for surgeons and their patients. Dr. Timm is experienced in working with individuals who have traumatic brain injuries, strokes, brain tumors, cancer, spinal cord injuries, dementing conditions, attention deficit disorders, learning disabilities, and other medical and neurological conditions. Dr. Timm is currently on medical staff at U.C. Davis Medical Center in Sacramento and Sutter-Alta Bates in Berkeley.

Referrals can be made by calling Dr. Timm, faxing a physician's order, or emailing her at [robintimm@att.net](mailto:robintimm@att.net)

Dr. Timm's contact information is: 1443 Main Street, Suite-130A (parking and office is wheelchair accessible) Napa, CA 94558, 707-225-5462, FAX: 707-226-7024



**Remember: Your NSPA membership entitles you to FREE listing on [www.napapsychologists.com](http://www.napapsychologists.com) and FREE link to your personal webpage.**

## ***Please help us update our records!***

All members are encouraged to check your listing at [www.napapsychologists.org](http://www.napapsychologists.org) to make sure your information is correct. To make corrects or to add your areas of specialty, please fill out the membership form (last page of this newsletter) or email [rob.wennerberg@napapsychologists.org](mailto:rob.wennerberg@napapsychologists.org).

You can help CPA while you are shopping! Just enter Amazon.com through the portal on the CPA web page, and a portion of your purchase goes to help CPA advocate for **you** and **your license**.



CAP Convention  
registration is open at  
<http://www.cpapsych.org/>

**Hilton Orange County/Costa Mesa  
April 15-18, 2010**

# Welcome to the NSPA listserve

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## Subscribing to the Listserv:

1. Go to the website [http://napapsychologists.org/mailman/listinfo/members\\_napapsychologists.org](http://napapsychologists.org/mailman/listinfo/members_napapsychologists.org)
2. Fill in the "Subscribing to Members" section.
3. Don't forget to hit "Subscribe" when you're finished.
4. Once this is complete you have to be patient and wait. You will receive an e-mail within 24hrs from [members-request@napapsychologists.org](mailto:members-request@napapsychologists.org) with a huge long title like... "confirm 8c0c8d7242a258fd90e8a8e0197315206c4825d0"
7. All you need to do when you get the e-mail is reply to it. The system will verify that you were not erroneously added to the list and voila! You're done.
8. If you have any trouble please do e-mail Rob Wennerberg at [rob.wennerberg@napapsychologists.org](mailto:rob.wennerberg@napapsychologists.org)

## Sending an e-mail to the list:

1. To send an e-mail to the list. You just have to send an e-mail to [members@napapsychologists.org](mailto:members@napapsychologists.org) the e-mail will then be sent to anyone who has subscribed.
2. All e-mails will be sent with "NSPA List (Title of e-mail)" so that if people wish to sort their e-mail into files, the e-mails from this group will always have that.
3. To respond to a post it is important to remember "reply all" will send the e-mail to the entire list "reply" will send it to just the individual that posted the comment. So be careful with this and please use back channels whenever it's not pertinent to the entire group.

*Use this form to renew your membership, or to update your profile on the NSPA website.*

**NAPA-SOLANO PSYCHOLOGICAL ASSOCIATION MEMBERSHIP APPLICATION  
2010**

**Please note, most business communication, surveys, information sharing, and the Newsletter will be done through e-mail or through the website: [www.napapsychologists.org](http://www.napapsychologists.org)**

Please indicate information you want listed on our website by checking the box to the left of the category.

- ☐ Name: \_\_\_\_\_
- ☐ License \_\_\_\_\_ Are you a member of CPA? ☐ Y ☐ N
- ☐ Mailing Address: \_\_\_\_\_  
\_\_\_\_\_
- ☐ E-mail address: \_\_\_\_\_@\_\_\_\_\_
- ☐ Phone Number:(\_\_\_\_\_) \_\_\_\_\_

Group Therapy	GT
Hospital Practice	H
Hypnosis HP	HP
Illness-Chronic	I
Marital/Couples Therapy	MT
Neuropsychology	NP
Organizational Psychology	O
Pain Rehabilitation	PR
Parenting Issues	PI
Play Therapy	PT
Psychodynamic Therapy	P
Police Psychology	PP
Psychodynamic Therapy	P
School Psychology	SP
Sex Therapy	ST
Spanish Language	S
Stress Disorder	SD
Victims of Abuse	VA
Women's Issues	WI

Adolescents	A
Addictions	AD
Anxiety-Panic Disorders	AP
Behavioral Medicine	BM
Behavioral Therapy	BT
Borderline Personality	BP
Children	CH
Cognitive-Behavioral Therapy	CB
Consulting – Business	C
Consulting-Business-Family	CBF
Depression/Affective Disorders	D
Disability Evaluations	DE
Drug-Alcohol Dependency	DA
Employee Assistance Programs	EAP
Family Therapy	FT
Forensic Psychology	F
Gay-Lesbian Issues	GL
Geriatrics	G
Gestalt Therapy	GE

Please note specialty codes to be included in “Find A Psychologist” listing on NSPA website (you may list more than one): \_\_\_\_\_

**Annual dues = \$ 55.00    Associate dues = \$45.00    Student = \$20.00**

Please complete and return this form and send it with your check to NSPA and send it to:

***NSPA Treasurer    PO Box 3743    Napa, CA 94558***