

*Napa-Solano Psychological
Association (NSPA)
A chapter of California Psychological Association*

P.O. Box 3743
Napa, CA 94558

*September 2010
Volume 1, Issue 5*



Executive Committee 2010

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*Time-Limited Psychodynamic Therapy
An attachment –based, emotionally-
focused, interpersonal approach*



Dr. Hanna Levenson

Date: Saturday, September 25, 2010

Time: 8:30 (registration); 9:00 AM to 4:30 PM

Location: Napa Valley College, Napa California

Price of event includes NSPA dues for 2011, a catered lunch, continental breakfast and 6 CEs.

**Download the brochure at
www.napapsychologists.org**

The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents. Important Notice: Those who attend the workshop and complete the CPA evaluation form will receive (number of credits) continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits.

Calendar

Board meeting (all are invited). Wed. September 18, 6 PM, Gaia Spa and Restaurant

Dr. Hanna Levenson, September 25 at Napa Valley College

Membership dinner meeting. Wed. November 17, 6 pm, Gaia.



Have you noticed?

When you attend the Time-Limited Psychodynamic Therapy workshop on Sept. 25, your 2011 NSPA dues are **PAID!**

Recent Topics on the NSPA listserve:

- ◇ Testing materials for sale
- ◇ Concern about lack of county mental health services
- ◇ Timely information about nearby CE events
- ◇ Requests for referral

If you are not currently a member of the NSPA listserve, you will find instructions about how to enroll at the end of this newsletter. There are generally no more than one or two messages per week, but you DON'T want to miss them!

Meet your NSPA colleague

Barrie Glen, PhD



1. What is your current practice in psychology?
My practice is half clinical and half forensic. I have a general private practice, specializing in trauma, PTSD, sexual abuse (perpetrators, victims and non-offending family members), domestic violence, and grief work. In the forensic field I primarily do sex offender evaluations.
2. Briefly, what is your educational background?
I received a B.S. in psychology from UCLA, then went across town for a Masters and PhD at USC. My pre-doc was at Humboldt State University and Humboldt County Mental Health. I completed post-doc training under Charlene Steen, PhD, focusing on sexual abuse and offenders.
3. What interesting jobs have you had outside psychology?
Fun job: waiting tables. I love getting to talk to the people.
Boring jobs: Working at a bookstore and at an art gallery on the UCLA campus. I quit after 3 weeks of standing around, saying "Please don't touch the art work."
4. What challenges do you see ahead for our profession?
Getting paid.
5. Why are you a member of NSPA?
It is an opportunity to get to know my colleagues. (Barrie met her husband, Dr. Dick Geisler, through NSPA!)
6. Tell us one other interesting thing about you.
I can navigate a boat across the ocean. However, I never want to, because I get seasick.

NSPA Private Practice Forum a Great Success!!



The second annual NSPA Private Practice Forum attracted twelve attendees on August 19th, and by the end of the evening there was a consensus to move towards a quarterly format. Attended by some individuals with established businesses and others who are newly in practice or contemplating starting one up, the themes included the business of doing treatment in the modern world and obtaining consultation and support in suburban to rural environs. Thanks to everyone who came and gave so freely and honestly of their experience, struggles, and successes. Look for the next forum in January!

Joshua Slater, PhD, joshuaslater@comcast.net

Training in Problem Gambling coming to the Bay Area in October

Edna Ching, California Office of Problem Gambling, Department of Alcohol and Drug Programs, has forwarded the following invitation to CPA members to become a treatment provider within a state funded network.

The Office of Problem Gambling (OPG), along with the UCLA Gambling Studies Program, is currently recruiting licensed mental health practitioners to participate in the California Problem Gambling Treatment Service Program (CPGTSP). This program will create a treatment provider network with state funded treatment for problem gamblers and their families.

Ms. Ching says this is a ground breaking program. It now offers the opportunity to become an authorized provider for the State of California.

To become a provider you must attend training classes which are coming up in Sacramento (September 15 - 18) in the Bay area (October 20 - 23). CEUs are offered for the classes which are free and provided by nationally recognized expert problem gambling trainers.

Future dates and locations will include Los Angeles and San Diego areas. Although the training is at no cost, participants must submit a provider application form to enroll. Interested practitioners can register at: www.adp.ca.gov/opg. For questions, contact Edna Ching, Office of Problem Gambling, Dept. of Alcohol and Drug Programs, 1700 K Street, 2nd Floor, Sacramento, CA 95811, email: eching@adp.ca.gov.

Downtown Napa Office Share Available

Furnished office and large waiting area available to a licensed therapist to share 2-4 days a week (some combination of Mondays, Tuesdays, Thursdays, and Fridays). 2nd Street location with on and off street parking..

Call Dr. Tiedemann-Fuller for more information (707) 556-2356.

Testing Materials for Sale

WISC IV with soft case	\$500.00
WPPSI-III	\$500.00
WMS-III with soft case	\$ 50.00

Contact Dr. Leslie Lessenger, lhl@lessenger.net

Welcome to the NSPA listserve

Subscribing to the Listserv:

1. Go to the website http://napapsychologists.org/mailman/listinfo/members_napapsychologists.org
2. Fill in the "Subscribing to Members" section.
3. Don't forget to hit "Subscribe" when you're finished.
4. Once this is complete you have to be patient and wait. You will receive an e-mail within 24hrs from members-request@napapsychologists.org with a huge long title like... "confirm 8c0c8d7242a258fd90e8a8e0197315206c4825d0"
7. All you need to do when you get the e-mail is reply to it. The system will verify that you were not erroneously added to the list and voila! You're done.
8. If you have any trouble please do e-mail Rob Wennerberg at rob.wennerberg@napapsychologists.org

Sending an e-mail to the list:

1. To send an e-mail to the list. You just have to send an e-mail to members@napapsychologists.org the e-mail will then be sent to anyone who has subscribed.
2. All e-mails will be sent with "NSPA List (Title of e-mail)" so that if people wish to sort their e-mail into files, the e-mails from this group will always have that.
3. To respond to a post it is important to remember "reply all" will send the e-mail to the entire list "reply" will send it to just the individual that posted the comment. So be careful with this and please use back channels whenever it's not pertinent to the entire group.

Use this form to renew your membership, or to update your profile on the NSPA website.

NAPA-SOLANO PSYCHOLOGICAL ASSOCIATION MEMBERSHIP APPLICATION 2010

Please note, most business communication, surveys, information sharing, and the Newsletter will be done through e-mail or through the website: www.napapsychologists.org

Please indicate information you want listed on our website by checking the box to the left of the category.

- ☐ Name: _____
- ☐ License _____ Are you a member of CPA? ☐ Y ☐ N
- ☐ Mailing Address: _____

- ☐ E-mail address: _____@_____
- ☐ Phone Number: (____) _____

Group Therapy	GT
Hospital Practice	H
Hypnosis HP	HP
Illness-Chronic	I
Marital/Couples Therapy	MT
Neuropsychology	NP
Organizational Psychology	O
Pain Rehabilitation	PR
Parenting Issues	PI
Play Therapy	PT
Psychodynamic Therapy	P
Police Psychology	PP
Psychodynamic Therapy	P
School Psychology	SP
Sex Therapy	ST
Spanish Language	S
Stress Disorder	SD
Victims of Abuse	VA
Women's Issues	WI

Adolescents	A
Addictions	AD
Anxiety-Panic Disorders	AP
Behavioral Medicine	BM
Behavioral Therapy	BT
Borderline Personality	BP
Children	CH
Cognitive-Behavioral Therapy	CB
Consulting – Business	C
Consulting-Business-Family	CBF
Depression/Affective Disorders	D
Disability Evaluations	DE
Drug-Alcohol Dependency	DA
Employee Assistance Programs	EAP
Family Therapy	FT
Forensic Psychology	F
Gay-Lesbian Issues	GL
Geriatrics	G
Gestalt Therapy	GE

Please note specialty codes to be included in “Find A Psychologist” listing on NSPA website (you may list more than one): _____

Annual dues = \$ 55.00 Associate dues = \$45.00 Student = \$20.00

Please complete and return this form and send it with your check to NSPA and send it to:

NSPA Treasurer PO Box 3743 Napa, CA 94558