

*Napa-Solano Psychological
Association (NSPA)
A chapter of California Psychological Association*

P.O. Box 3743
Napa, CA 94558

*November 2010
Volume 1, Issue 6*



Executive Committee 2010

President: Robin Timm, PhD

President Elect: Nancy Piotrowski, PhD

Treasurer: Debra Inman, PhD

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LAW & ORDER
NSPA

An Overview of Forensic Practice

Dr. Debra Inman Dr. Richard Geisler Dr. Steve Donoviel

Date: Wednesday, November 17, 2010

Time 6:00 PM Social & Networking

6:30—8:30 PM Dinner & Presentation

Location: La Gaia, 3600 Broadway (Highway 29)
in American Canyon

Optional: 2 CE Units

Cost: Members: \$10

Non-members: \$20

Dinner: No host from the menu



Please RVSP: Dr. Robin Timm
robintimm@att.net

Important Notice: Those who attend the workshop and complete the CPA evaluation form will receive 2 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents. This course also meets the qualifications for 2 hours of continuing education credits for MFTs and LCSWs as required by the California Board of Behavioral Sciences. The Board of Registered Nurses recognizes courses given by CPA as hour for hour Category A CE.

Calendar

2010

Nov. 17

Law & Order: NSPA
Forensic Panel

Dec. 15 NSPA Holiday Party
Havana del Sol, Vallejo

2011

Jan. 19

Private Practice Forum

Feb. 16 "Laura's Law"
Jo Robinson, MSW, SF Dept
of Public Health

March 16 Board meeting

April 20
Dinner meeting, TBA

May 18 Board meeting

June 15 "Mindfulness"
Mark Levine, MD



A Word from our President:

In looking back over the past few months, NSPA has had several exciting events. In August, we sponsored the second Private Practice Forum at Gaia Hotel and Spa. Many members either in private practice or wanting to start one attended. Because of its success, attendees requested that we hold one several times a year. Our next forum will be in January 2011.

On September 25, 2010, the NSPA all-day CE event was held at the Napa College with Dr. Hanna Levenson as our speaker. Feedback about the event was overwhelmingly positive. As a result, NSPA will be sponsoring another college scholarship for a student studying psychology or mental health.

Fall is upon us and winter is approaching. This means holidays and, more importantly, the NSPA Holiday Event in December. On December 15th, the NSPA dinner party will be held at Havana Sol in Vallejo with Cuban food and festivities. Save the date and look for the formal announcement.

On November 17th, NSPA will be offering a 2-unit CE panel presentation on “Law and Order-NSPA: An Overview of Forensic Practice” with Dr. Debra Inman, Dr. Richard Geisler, and Dr. Stephen Donoviel. Join us at Gaia Hotel and Spa in American Canyon.

I would also like to take the opportunity to thank the board members who have been so dedicated to NSPA. Your efforts, time, and commitment are impressive and have helped to propel NSPA to where it is now.

Robin Timm, Ph.D.

*Watch for your
invitation by
email!*



NSPA
invites you to our Holiday
dinner at
Havana del Sol
324 Virginia, Vallejo
Wed. Dec. 15
6 PM

NSPA Private Practice Forum to meet again!!

Dr. Fred Jones (FREDJONESPhD@gmail.com) is organizing the next Private Practice Forum to be held at Gaia on Wednesday, January 19, 6 PM Networking, 6:30 no-host dinner and discussion. Please contact Dr. Jones with your ideas about topics, etc.



Meet your NSPA colleague



Judith Speed, PhD

1. What is your current practice in psychology?

My current practice is adolescents (13 and above), adults, families and couples. At the moment I have clients ranging from ages 13 to 92. I also do assessments for children and adolescents and adults, mostly for personality assessment, to help identify ADHD, depression, and anxiety and to test for I.Q.--I used to do learning disability assessment but don't do that any more.

2. Briefly, what is your educational background?

I have a B.A. in Psychology from UC, Davis. MA in Educational Psychology from UC, Davis, PhD. In Clinical psychology from the Wright Institute in Berkeley

3. What interesting jobs have you had outside psychology?

I was a school psychologist in Fairfield-Suisun school district for almost 30 years, teacher (at UC, Davis Dept of Education, UC Davis Med School, Dominican College and at Sem Yeto Continuation High School), teacher's aide, school secretary, and clerical work in a trucking company and hospital (a few other things but I can't remember them all!).

4. What challenges do you see ahead for our profession?

Providing services for individuals and families who have mental health needs but no financial resources to pay for them; getting parties who control the money (insurance companies, government agencies, etc) to equate mental health services with other medical services on an equal level; getting the public to value mental health services and continuing to reduce the stigma of having mental health issues.

5. Why are you a member of NSPA?

I think it is critical to be able to consult with and continually learn from your colleagues--joining the local groups of others in the same profession is a good way to do this.

6. Tell us one other interesting thing about you.

I have six brothers and five sisters--we just had another of our every other year family reunions and I won over \$100 in one of the ongoing card games we play whenever we are together--we all like each other and get along very well by avoiding all discussions of politics and religion when we are all together--sports is another matter, however!

Space for sublet

Day or half day in St Helena - bright office in downtown, fully furnished, sandtray, easy access. Contact Rahima Schmall, Ph.D., rahimaschmall@yahoo.com

Slate of NSPA officers for 2011:

President: Dr. Robin Timm
President Elect: Dr. Nancy Piotrowski
Secretary: Dr. Cynthia Mitchell
Treasurer: Dr. Judith Speed



Drs. Markley Sutton, Debra Inman (standing), Cynthia Mitchell, Judith Speed, Leslie Lessenger, Robin Timm and Linda Napholz (seated), Steve Donoviel and Dick Geisler (not pictured) spearheaded the success all-day event with Dr. Hanna Levenson in September.

What a team!



Napa College students Ben Nelson and Ednil Galera were invaluable helpers at the Levenson event..

In honor of Veterans Day, please join Solano County Mental Health for a presentation on:

Military Culture 101: Basics of Military Culture

Captain Lance Friis, LMFT

Outreach Liaison California National Guard

Wednesday, November 10, 2010

9:00 AM – 12:00 PM

Solano County Administration Center

675 Texas St., Multi-Purpose Rooms, Fairfield, CA 94533

Objectives:

Upon completion of this program, the behavioral/mental health service providers and staff will be able to:

1. Offer enhanced culturally competent services to military personnel and veterans.
2. Identify additional referral resources and further training on working with the military.

Please call (707) 784-8320 to register and for more information.

Welcome to the NSPA listserve

Note: The NSPA listserve is for NSPA members only. Please see the application for membership on the next page.

Subscribing to the Listserv:

1. Go to the website http://napapsychologists.org/mailman/listinfo/members_napapsychologists.org
2. Fill in the "Subscribing to Members" section.
3. Don't forget to hit "Subscribe" when you're finished.
4. Once this is complete you have to be patient and wait. You will receive an e-mail within 24hrs from members-request@napapsychologists.org with a huge long title like... "confirm 8c0c8d7242a258fd90e8a8e0197315206c4825d0"
7. All you need to do when you get the e-mail is reply to it. The system will verify that you were not erroneously added to the list and voila! You're done.
8. If you have any trouble please do e-mail Rob Wennerberg at rob.wennerberg@napapsychologists.org

Sending an e-mail to the list:

1. To send an e-mail to the list. You just have to send an e-mail to members@napapsychologists.org the e-mail will then be sent to anyone who has subscribed.
2. All e-mails will be sent with "NSPA List (Title of e-mail)" so that if people wish to sort their e-mail into files, the e-mails from this group will always have that.
3. To respond to a post it is important to remember "reply all" will send the e-mail to the entire list "reply" will send it to just the individual that posted the comment. So be careful with this and please use back channels whenever it's not pertinent to the entire group.

Use this form to renew your membership, or to update your profile on the NSPA website.

NAPA-SOLANO PSYCHOLOGICAL ASSOCIATION MEMBERSHIP APPLICATION 2010

Please note, most business communication, surveys, information sharing, and the Newsletter will be done through e-mail or through the website: www.napapsychologists.org

Please indicate information you want listed on our website by checking the box to the left of the category.

- ☐ Name: _____
- ☐ License _____ Are you a member of CPA? ☐ Y ☐ N
- ☐ Mailing Address: _____

- ☐ E-mail address: _____@_____
- ☐ Phone Number: (____) _____

Group Therapy	GT
Hospital Practice	H
Hypnosis HP	HP
Illness-Chronic	I
Marital/Couples Therapy	MT
Neuropsychology	NP
Organizational Psychology	O
Pain Rehabilitation	PR
Parenting Issues	PI
Play Therapy	PT
Psychodynamic Therapy	P
Police Psychology	PP
Psychodynamic Therapy	P
School Psychology	SP
Sex Therapy	ST
Spanish Language	S
Stress Disorder	SD
Victims of Abuse	VA
Women's Issues	WI

Adolescents	A
Addictions	AD
Anxiety-Panic Disorders	AP
Behavioral Medicine	BM
Behavioral Therapy	BT
Borderline Personality	BP
Children	CH
Cognitive-Behavioral Therapy	CB
Consulting – Business	C
Consulting-Business-Family	CBF
Depression/Affective Disorders	D
Disability Evaluations	DE
Drug-Alcohol Dependency	DA
Employee Assistance Programs	EAP
Family Therapy	FT
Forensic Psychology	F
Gay-Lesbian Issues	GL
Geriatrics	G
Gestalt Therapy	GE

Please note specialty codes to be included in “Find A Psychologist” listing on NSPA website (you may list more than one): _____

Annual dues = \$ 55.00 Associate dues = \$45.00 Student = \$20.00

Please complete and return this form and send it with your check to NSPA and send it to:

NSPA Treasurer PO Box 3743 Napa, CA 94558